



Year-End Update

What makes your soul sing? Is it walking in a nature or spending time with your child, spouse or friend? For many of us who volunteer with Freshwave, our souls are refreshed as we serve in downtown Vancouver and Ladner. In working with the down trodden, the stranger, the impoverished, the homeless and the refugee, we have the privilege of seeing and hearing the “God story” that comes from many of them.

Freshwave Ministries has had a very busy but overall very successful year. Our downtown ministry has operated weekly for almost the whole year with only a few weeks off. We have developed many new friendships amongst the 80 – 120 residents who gather beside the bus every Monday night. Numerous positive conversations have happened as residents often hang around the bus for the close to 2 hours that we are there. For some it's their most positive social time of the week. Several of them love to pray with us at the end of the evening. The alley ways where we bring food packages and clothes are filled with grateful, needy and hungry homeless people. In Ladner, volunteers work with the Anglican Church to bring the clothing trailer and a helping hand to the monthly community dinner where about 50 of our neighbours gather. Freshwave now is helping support this ministry financially by cooking the meal three to four times a year. Kelly, one of our regulars from Vancouver ministry, heard about the Ladner community meal and twice took the bus to come to Ladner to enjoy the meal but most of all to reconnect with his friends in Freshwave. We could not do this ministry without financial support. We don't have any paid staff. We rely completely on volunteers. So if you contribute to Freshwave, be assured that all the money is spent on getting food, groceries and clothing to people who really need and appreciate our service. Thank you for considering this ministry. I close with a prayer that that reflects the priorities and values of Freshwave:

Lord of the outcasts, thank you for granting us joy and safety in our work with the marginalized in downtown Vancouver and Ladner. Though much of the world overlooks these people, may we continue to listen and care for them. May we hear their God story. May we be granted wisdom in helping them not only survive but also to grow in their spirit and their bodies. May all of us see new glimpses of your glory and power.

Frank Sawatsky – Board Chair of Freshwave Ministries



Notes from recipients and volunteers:

This is the highlight of my week. Seeing new faces and meeting new people makes this place special.

- Kelly (recipient)

The community we serve gives me back so much more than what I can offer. Their warm smiles, simple conversations and thanks, make me look forward to Monday nights at Freshwave.

- Volunteer

REQUEST FOR VOLUNTEERS:

Freshwave Ministries, a non-profit organization, serves those suffering from food insecurity and homelessness in Vancouver and in South Delta. We can only do this important outreach service through servant-hearted volunteers. The growing ministry is always happy to welcome new volunteers. Some of the volunteer jobs include picking up donations during the week, prepping food on Monday afternoons at Cedar Park Church in Ladner, serving at our ministry site in downtown Vancouver on Monday evenings, or serving at the All Saint's Church community meal in Ladner. Do you have experience driving larger vehicles and/or towing a trailers? If so, please consider driving our Freshwave bus/trailer occasionally on a Monday evening. If you are interested in joining our great team of volunteers, please contact us.



FOR MORE INFO OR TO CONTACT US:

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